



JANUARY 2023

CHRISTIAN COUNTY 4-H

COOPERATIVE EXTENSION



CROFTON SCHOOL CLUB

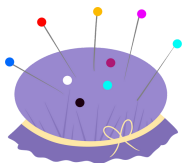


Crofton 4-H members had a blast learning about GPS, and how satellites work! They even had a chance to attempt to build satellite towers of their own.



Adult volunteers are FREE and can bring 1 camper for FREE.

SEWING CLUB



4-Hers at Sts. Peter & Paul created Scandinavian Holiday Gnomes while learning about holiday traditions around the world.



The sewing club held its first meeting in December to learn machine settings and practice sewing straight lines.

Attention: 6th, 7th, and 8th Graders



4-H Summit is a Leadership Conference hosted at the West KY 4-H Camp. At this overnight experience, youth will interact with individuals from across the state as they work on a community service project and participate in various workshops.

Important 4-H Dates

- January 2: Dog Club - No Dogs
- January 4: PACHEK
- January 9: Cooking Club
- January 16: Dog Club - With Dogs
- January 17: Livestock Club
- January 18: Crofton School Club
- January 19: Drone Club
- January 31: Horse Club

Quick & Easy Healthy Black-Eyed Peas

Ingredients

- 4 slices turkey bacon (chopped)
- 2 cups black-eyed peas, frozen (about 2lbs)
- 2 cups water
- 1/4 teaspoon black pepper
- 1 tablespoon sugar

Recipe from: www.myplate.gov



Directions

1. Wash hands with soap and water.
2. Over medium-high heat cook bacon for 3-4 minutes.
3. Add the rest of the ingredients and bring them to a boil.
4. Reduce heat to simmer and allow to cook until the peas are tender, about 30 minutes.
5. Serve hot.



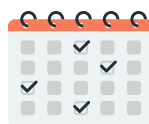


Supporting Christian County 4-H is as easy as shopping at Kroger

1. Visit www.krogercommunityrewards.com
2. Scroll down & click "Link Your Shopper's Card Here"
3. Sign-Into your online Kroger Account or create one
4. Find "Christian County 4-H Council" and click ENROLL

Christian County 4-H will earn rewards on qualifying purchases made using your Kroger Plus Card!





Next Month



- February 1: PACHEK**
- February 6: Cooking Club**
- February 6: Dog Club**
- February 7: Horse Club**
- February 13: Sewing Club**
- February 15: Crofton**
- February 16: Drone Club**
- February 20: Dog Club**
- February 21: Livestock Club**

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Disabilities accommodated with prior notification.

Jessie Johnson
Katie Mills
Mary Anne Lambert