## **Christian County 4-H Youth Development**



**April 2025 Edition** 



On March 18, Christian County 4-H Livestock Club members attended the annual Salute to Agriculture Eye Opener breakfast hosted by the Christian County Agribusiness Association and the Christian County Chamber of Commerce.

While there, members heard from keynote speaker Congressman James Comer and the Agribusiness Association auctioned off the country ham!

This year's Country Ham Auction proceeds benefit 4-H, FFA, and the Troy Goode Memorial Scholarship!





#### **Support Kentucky Ag Tag Program!**

A massive THANK YOU to all Christian County farmers that contribute the \$10 donation to the Ag Tag Program last March when they renewed their Farm Tags! This program allows us to continually provide funding for Agricultural Education initiatives in Christian County, as well funding for leadership programs. The fund from this program is divided three ways between 4-H, FFA and the Kentucky Proud Program. We could not do this without your support. Thank you to County Clerk Melinda Humphries, and all the folks at the Clerk's Office that continually support Positive Youth Development in Christian County.





**Christian County Cooperative Extension Service** 2850 Pembroke Rd Hopkinsville, KY 42240 270-886-6328 https://www.christian.ca.uky.edu

#### In This Issue

Calendars

Clubs

Recipe

Camp

Cooperative **Extension Service** Agriculture and Natural Resources

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the ba of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, mas status, genetic information, age, vetera natus, physical on mental disability or reprisal or retailation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be available in languages other than English. University of Kennecky, Kennucky Status University of Kennucky, Kennucky Status University of Kennucky Status University of Kennucky, Kennucky Status University of Kennucky Status University of Kennucky, Kennucky Status University, Ozontene Ozone University of Kennucky Status University, Ozone University of Kennucky St Lexington, KY 40506



# 



•	Z	
<		

Saturday	ī.	12	61	26	
Friday S.	Hopkinsville Area Homeschool @ 9:30 AM	F	18 Shooting Sports meeting @ Quail Club @ 5:30 PM	25	
Thursday	25	Trailblazers Horse Club @ 5:30 PM Field Trip	17 Livestock Club @ 6:00 PM	24 s Out	
Wednesday	2 PACHEK @ 10:00 AM Field Trip	ത	16	22 23 4-H Agent Conference; Agents Out	30 Crofton School Club
Tuesday	_	8 Sewing Club @ 5:30 PM	75	22 4-H Agen	29 HCA School Club
Monday		7	14 4-H Cooking Club @ 4:30 PM	21	28
Sunday		9	13	20	27

# 





Saturday	ĸ	10	71	24	31
Friday	2 Hopkinsville Area Homeschool @ 9:30 AM	9 Shooting Sports meeting @ Quail Club @ 5:30 PM	16	23	30
Thursday	1 Trailblazers Horse Club @5:30 PM	8	15 Livestock Club @ 6:00 PM	22	29
Wednesday		7 РАСНЕК @ 10:00 АМ	41	21	28
Tuesday		6 4-H Camp Orientation @ 5:30 PM	13 4-H Sewing @ 5:30 PM	20	27
Monday		5 4-H Camp Orientation @ 5:30 PM	12	61	26
Sunday		4	E	<u>&amp;</u>	25



The Trailblazers Horse Club traveled to Murray State University the beginning of to attend a 4-H Horse Judging Clinic. They were able to gain experience on how to judge various halter and performance horse classes. Thank you to all involved in making a successful, educational clinic.









The 4-H Trailblazers Horse Club learned the parts of an equine and those that have horses were able to spend time riding after. Every meeting, they get to learn about equine whether it is the anatomy, feed care, or proper tack.



The 4-H Trailblazers Horse Club attended the Southern Equine Expo at the Tennessee Miller Coliseum in February, where they engaged in sessions such as Tandem Liberty on Horseback, Equine Confirmation, and Nashville Mounted Patrol. Thank you Cara for planning a great trip!

## Livestock Club









Christian County Extension, Christian County High School, and Hopkinsville High School partnered to host a Beef Quality Assurance training to help prepare students in animal science pathways.

This allowed 4-H and FFA members to learn about handling and caring for beef cattle.

This would not be possible without some of the best folks in the business!

Thank you:

Jake Jaworski, Matt Futrell, Leah Thomas, Jacob Thomas, Brandon Shemwell, Katie Jo Walker, Dr Madison Futrell, Dr Debbie Reed, Ken Hancock & the Christian County Cooperative Extension Service staff, & the Christian County Cattlemen's Association!

#### 4-H Hopkinsville Area Homeschool

Hopkinsville Area Homeschool 4-H learned about leatherwork and even got to create their own keychains! Each month they learn about different projects that can be entered into the Western Kentucky State Fair.





# Crofton School Club



In March the Crofton 4-H Club hopped Into spring!
Christian County 4-H Livestock Club Members, Sahara & Cheyenne Peterson brought show rabbits to the club meeting. While there members learned how to show rabbits, how to properly care for rabbits and ensure their health.





## Cooking Club

The 4-H Cooking Club practiced their etiquette skills at their meeting this month! Sydney Ezell got to take home the golden spatula for Cooking Club member of the month!





## Sewing

4-H Sewing met to work on their quilt projects for the year! They started the year making a quilt square and have built their skills to piece together full quilts.









### **4-H PACHEK**

4-H PACHEK Club traveled the globe to make Saladi Ya Matunda from Africa and Tofu Fruit Whip from Japan. It was the first time for all on trying tofu and they loved it! Next month we will going on a field trip to a local farm.







## FOOD FOR THOUGHT

Indian Hills Elementary School students got to have a few fun weeks trying new foods and thinking about ways to incorporate them into their diet! Some foods were a hit and the kids are excited to start eating them!

















## BERRY CRUNCH ROLL UP

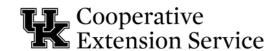
#### Ingredients:

- 4 (6-inch) flour tortillas
- ¼ cup strawberry cream cheese
- 1 cup fresh berries of choice, blueberries, blackberries, raspberries, diced strawberries (or any fresh fruit)
- 1/4 cup crispy cereal of choice

#### Directions:

- 1. Spread 1 tablespoon strawberry cream cheese in a thin layer on each tortilla.
- 2. Sprinkle  $\frac{1}{4}$  cup fresh berries and 1 tablespoon cereal on top of the cream cheese.
- 3. Roll firmly, squeezing gently to seal edge. Serve immediately.







### MARCH 10 - MAY 25, 2025

Have you decided it's time to get off the couch, but are not sure how to start?

**Start Slow, Start Smart, Start with Us!** 

This 12-week challenge is based on the National Heart, Lung, and Blood Institute's walking plan and allows you to start at a pace that is comfortable for YOU.

Christian County Extension Office 2850 Pembroke Road Hopkinsville, KY 42240 270-886-6328



Register at your local Extension Office or online at https://bit.ly/WalkYourWay2025

#### Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

#### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, exual orientation, gender identity, gender expression, pregnancy, martial status, genetic information, age, veteran status, physical or mental disability or reprisal or retalization for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. Indiversity of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating,





#### **CHRISTIAN COUNTY**



## 4-H CAMP 2025



#### AGES 9-14

K-()

CAMPER PARTICIPANTS AT AGE 8 MAY ATTEND IF THEY ARE GOING INTO THE 4TH GRADE IN THE NEXT SCHOOL YEAR

#### FUN, GAMES, AND SO MUCH MORE!















## CHRISTIAN COUNTY





## 4-H CAMP JUNE 2-5, 2025



#### Total: \$240

A \$75 non-refundable deposit is due with forms to reserve your spot.

Pay by: Cash or Check

Make checks payable to: Christian County 4-H Council \*Financial Assistance applications coming soon\*

#### REGISTRATION

Camp forms & deposit are due

April 11, 2025

Drop off or mail forms to the Christian County Extension Office 2850 Pembroke Rd. Hopkinsville, KY

SPOTS FILL UP QUICKLY.
PLEASE DO NOT WAIT.

#### SCAN THE QR CODE FOR REGISTRATION FORMS



#### **CAMP FUN**

Gaga Ball Swimming Mega Relay Giant Slip-n-Slide Nightly Dances Water Olympics

#### **CLASSES**

Campers choose from a wide variety of classes, possible examples include:

Canoeing

Arts & Crafts

High & Low Ropes

Archery

Cooking

Fishing

Natural Resources

and Much More

#### COUNTIES CAMPING

Calloway Carlisle Christian Graves Hickman

#### **LOCATION**

Western Kentucky 4-H Camp
Dawson Springs, KY
\*All cabins are air-conditioned\*

#### CHRISTIAN COUNTY 4-H AGENTS

Mary Anne Garnett, Jeremiah Johnson, & Katie Mills

Cooperative Extension Service MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Acetuals, Cooperative Extension nerve all people regardless of economics in secul attack and will not advantament on the basis of zero, color, echonic engin, natural artigin, cored regimes political beloof see, secular elementus garden leisting, garden experients, regargons, errating alons, garden in destruction, aga, version and man les analishes with politic reducer people and information man yet made available in languages other than English University of Kentacky, Kentacky State University, U.S. Department of Agriculture, and Kentacky Courtion, Cooperation

